

City of Roseville
Monday/Wednesday Swim Lessons
Location: Mike Shellito Indoor Pool

		Session 1 9/9-9/30 7 days, no 9/6	Session 2 10/5-10/28 8 days	Session 3 11/2-11/18 5 days, no 11/11	Session 4 11/30-12/16 6 days	Session 5 1/4-1/27 8 days
Time	Level					
4:00pm						
	Penguin	21902	21934	21937	21940	21943
	Private	21904	21947	21949	21951	21953
	Adult			21906	21969	21971
4:30pm						
	Duck			21908	22011	22014
	Alligator	21910	22018	22020	22024	22027
	Otter	21912	22031	22033	22037	22040
	Seal	21915	22197	22201	22205	22209
	Dolphin	21917	22308	22311	22314	22317
	Sawfish	21919	22352	22353	22354	22355
	Penguin	21932	21935	21938	21941	21944
5:00pm						
	Starfish (Parent Participation)	21921	21956	21958	21960	21962
	Duck	22009	22010	22007	22012	22015
	Alligator			22021	22025	22028
	Seal	22194	22198	22202	22206	22210
	Marlin	21923	22253	22256	22259	22264
	Dolphin	22306	22309	22312	22315	22318
	Shark/Orca	21925	22356	22357	22358	22359
	Private	21946	21948	21950	21952	21954
5:30pm						
	Starfish (Parent Participation)	21955	21957	21959	21961	21962
	Duck			22008	22013	22016
	Otter	22030	22032	22034	22038	22041
	SeaTurtle	21927	22360	22361	22362	22363
	Seal	22195	22199	22203	22207	22211
	Marlin	22248	22254	22257	22261	22265
	Dolphin	22307	22310	22313	22316	22319
	Penguin	21933	21936	21939	21942	21945
6:00pm						
	Jellyfish (Parent Participation)	21929	21964	21965	21966	21967
	Alligator	22017	22019	22022	22026	22029
	Otter			22036	22039	22042
	Seal	22196	22200	22204	22208	22212
	Marlin	22251	22255	22258	22263	22267
	Stingray	21931	22364	22365	22366	22367
	Adult	21974	21973	21968	21970	21972

Prices:	
---------	--

Session 1 (7 Days)	
1	Introduction to the course and the importance of the immune system.
2	Overview of the immune system components and their functions.
3	Immune response to pathogens: Innate vs. Adaptive immunity.
4	Antigen presentation and the role of MHC molecules.
5	Cell-mediated immunity: T cells and their subsets.
6	Humoral immunity: B cells and antibody production.
7	Immune system disorders and the role of vaccines.

Group Lessons: \$95/76 Res Disc

Penguin: \$137/116 Res Disc

Private: \$249/201 Res Disc

Session 2, 5 (8 Days)

Group Lessons: \$108/87 Res Disc

Penguin: \$156/133 Res Disc

Private: \$284/230 Res Disc

Session 3 (5 Days)

Group Lessons: \$68/54 Res Disc

Penguin: \$98/83 Res Disc

Private: \$178/144 Res Disc

Session 4 (6 Days)

Group Lessons: \$81/65 Res Disc

Penguin: \$117/100 Res Disc

Private: \$213/173 Res Disc

Registration for Residents begins Tuesday, August 11

Registration for Non-Residents begins Tuesday, August 25